

## Mischief. Mayhem. Bikes.

This is your last chance. After this, there is no turning back.

## **2023 DKWTS CHALLENGES**

The DKWTS competition is made up of 3 "Tours" (main challenges). Each Tour consists of 3 "Stages" (weeks) plus a "Bonus" stage at the end for a total of 10 weeks. Tours are scored on overall challenges (time, distance, elevation) along with individual Stage challenges and weekly Bonus challenges. Participants are awarded "Purrito Points" for the challenges they complete. There are a variety of ways to score Purrito Points during the series. Some are based purely on participation (P) while others are competition-based and will be ranked (C).

Tour 1: Resolution Kitten - TIME CHALLENGE (January 2-22, 2023)

Stage	<b>Challenge</b>	Category (P/C)	Ride Bonus	<b>Photo Bonus</b>
Stage 1 (1/2-1/8)	Ride <u>at least</u> 5 days this week - minimum 45 minutes each day (30 minute minimum for Mini Purritos*)	Participation - anyone who completes the Stage Challenge will receive full points (5 pts total)	Choose one:  1. Virtual (Zwift Club Group Ride)  - must participate for at least 45 min  2. Real Life - Complete a ride (inside or out) for at least 45 min on the same day as one of our Zwift rides this week (use #DKWTS in your ride title)	Tell us about your 2023 ride goals using photos!  Choose one:  1. Social Media - Post a photo on FB/IG with your 2023 ride goals, tag @dirtykittengravel and use #DKWTS2023  2. Email us a photo with with your 2023 ride goals DKWTS@dirtykittengravel.com
	POINTS: 5		POINTS: 1	POINTS: 1
Stage 2 (1/9-1/15)	Ride for at least X amount of time in a single day (any day Mon-Sun), based on your category (see details below) *multiple rides in one day will count  - Mini: 1 hour - Basic: 1.5 hrs - Full: 2 hrs - Supreme: 2.5 hrs	Participation - anyone who completes the Stage Challenge will receive full points (5 pts total)	Choose one: 1. Virtual (Zwift Club Group Ride) - must participate for at least 1 hour  2. Real Life - Complete a morning ride before 12pm inside or outside for at least 1 hour (must use #DKWTS in your ride title)	Share a photo of your favorite bike (that you ride) & tell us why you love it!  Choose one:  1. Social Media – post a photo on FB/IG, tag us @dirtykittengravel use #DKWTS2023 #lovemybike  2. Email us a photo DKWTS@dirtykittengravel.com
	POINTS: 5		POINTS: 2	POINTS: 2

Stage 3 (1/16-1/22)	Most time ridden in a single day (virtual and/or real life, inside and/or outside) - multiple rides in the same day count  *Be careful to stay within your category time limit!	Competition - Top 10 in each field from each category will receive points	Choose one:  1. Virtual (Zwift Club Group Ride)  - must participate for at least 1 hour  2. Real Life - Complete an evening ride after 5pm inside or outside for at least 1 hour (must use #DKWTS in your ride title)	Tell us about your favorite cycling swag item(s) w/ photos  Choose one:  1. Social Media - post a photo on FB/IG, tag us @dirtykittengravel use #DKWTS2023 & #cyclingswag  2. Email us a photo DKWTS@dirtykittengravel.com
	POINTS: 10		POINTS: 2	POINTS: 2

\*POP UP BONUS\*

Complete a non-cycling or cross-training activity and load it to Strava (sync or manual) at some point this week **POINTS: 1** 

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Tour 2: Adventure Kitten - DISTANCE CHALLENGE (Jan 23 - Feb 12, 2023)

Stage 1 (1/23-1/29)	Ride at least X miles a day for 5 days this week based on your category (see details below). Multiple rides in one day count.  Mini - 10 miles Basic - 12 miles Full - 15 miles Supreme - 20 miles  *Partial points will be awarded for 3 & 4 days	Participation - anyone who completes the Stage Challenge will receive points  5 days - 5pts 4 days - 3pts 3 days - 1pt	Choose one:  1. Virtual (Zwift Club Group Ride)  - must participate for at least 1 hour  2. 2. Real Life - Complete a ride (inside or out) for at least 1 hour on the same day as one of our Zwift rides this week (use #DKWTS in your ride title)  POINTS: 2	Tell us about your favorite place(s) to ride using photos!  Choose one:  1. Social Media - post a photo on FB/IG, tag us @dirtykittengravel use #DKWTS2023 #fromwhereiride  2. Email us your ride photo & description DKWTS@dirtykittengravel.com  POINTS: 2
Stage 2 (1/30-2/5)	Most MILES ridden in a single day (virtual & real life will be scored separately) - multiple rides in the same day count  NOTE: You will only receive points for 1 ride type (virtual/indoor or real life/outdoor)  POINTS: 10	Competition - Top 10 in each field from each category will receive points	Choose one:  1. Virtual (Zwift Club Group Ride)  - must participate for at least 1 hour  2. Real Life - Complete a ride (inside or out) for for at least 1 hour overlapping with one of our Zwift rides this week in your time zone (must use #DKWTS in your ride title)  POINTS: 2	What "fuels" your rides (before, during, and/or after)?  Choose one: 1. Social Media - post a photo on FB/IG, tag us @dirtykittengravel use #DKWTS2023 #ridefuel #bikefuel  2. Email us your ride photo & description DKWTS@dirtykittengravel.com  POINTS: 2